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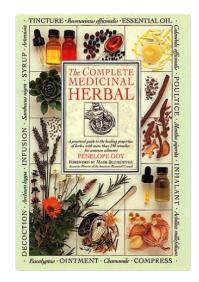
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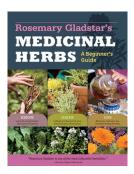
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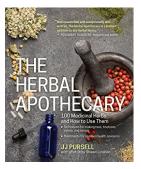
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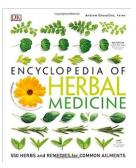




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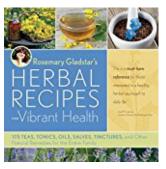
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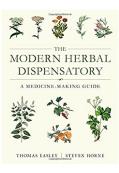


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From Library Journal

This attractive herbal is one of the best this reviewer has seen. A brief history of herbal medicine leads into a dictionary of 130 herbs, all well illustrated both as growing plants (with close-ups of leaves, roots, berries, and flowers where appropriate) and in prepared forms (dried stems, powders, etc.) Charts describe a wide range of ailments and the appropriate home remedies. The book also includes excellent instructions on preparing herbs for use. If your copy of Miriam Polunin and Christopher Robbins's The Natural Pharmacy (LJ 8/92) is always checked out, buy this book too. Both works are good and quite similar, but Ody's book covers fewer plants in greater depth than The Natural Pharmacy.

-Katharine Galloway Garstka, Intergraph Corp., Huntsville, Ala.

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This attractive herbal is one of the best this reviewer has seen. -- Library Journal

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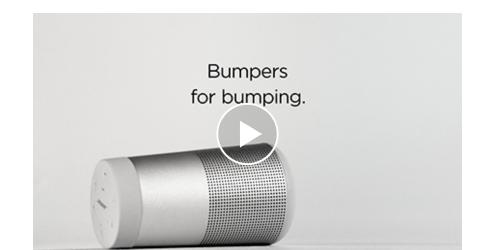
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By Wiselady on December 25, 2015



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to use to relieve them.

That is what I intend to use mostly.

This book took me two days to be done with. But it is kind of a 'pick it up and look it up' one.

If you own herbal books and are knowlegeable I would not recommend this because you may not learn much.

דוופ טווגץ ופמג מטעמווגמקפ טו גוווג טוופ טעפו גוופ טגוופו וג גוומג גוופרפ וג מ גפכגוטוו גוגוווץ קפוופומג מווגווופוזגג מווט וופוגג

However the pictures are beautiful and it's pretty neat for a beginner. It covers most of the aspects of using herbs. And deceiving the popular ones. I would have loved to learn more about collecting growing drying and storing as well as expiration. I guess it's another book I'll find that in one day. Because I am talking about gaining that precious herb grandma knowledge I know it will not be all out there that easily available:)



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THE ultimate reference source for medicinal herbs. Truly a five star!

By Check on September 16, 2015

Format: Hardcover Verified Purchase

This is really one heck of a reference book for those interested in herbal remedies.

It has a great layout, a lot of high quality pictures, and is loaded with good information about most of the known herbs with medicinal value.

This is a beautiful book. It discusses what parts of the plant are useful, active ingredients, common uses, origin, where the plants are found in nature, and much more.

There may be other resources that will delve deeper into the specifics particular plants, but this is about as good as it gets. For most people, this will be all they would ever need as a reference source. I could even see this in the library of the most seasoned naturopath/homeopath practictioner.

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Very informative book with a little bit of history on ancient Medicine from around the world. I love that it shows pictures of ingredients and illustrations of all usable parts of plants with descriptions on how to get the best use of them. It also gives suggestions on home remedies and how to make them yourself using different methods that accommodate your style and preference. Such as capsules, teas, essential oils, pomade and much more.

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By Jennifer P. on June 4, 2016

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This book was recommended to me by a coworker and I'm happy I was able to find it on Amazon. It's a large book with a lot of info. It's kind of like a text book with how much info is in it. It tells you not only about the herbs and what they do but also how to prepare them for each purpose. It's great!

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A Wonderful Book

By Didi F. on April 4, 2014

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I am new at herbs and their functions, I am so glad I bought this book because it is everything I wanted to know and more. I read the reviews before I ordered this book, I am not a pro as most buyers claim to be but I never did understand why anyone will complain about the history of herbalism as illustrated in this book by the wonderful writer, how else is any rookie on this subject going to know the history.

I am an average person and by the way in the medical field who is not all that impressed by the modern synthetic medicine since if we take one drug to cure one illness, then we will develop 10 other illnesses because of the side effects of that one drug.

I want to know the true history of herbs and their true uses and I am learning very fast that herbalism is nothing to sneeze at for all the wonderful ways I could use herbs for my family and friends health. So thank you very much for thinking of the average Joe when you wrote this wonderful book of knowledge.

From D.

Florida.

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Very informative for those who wish to use holistic healing as an alternative to today's pill pushing health care system. Necessary to those who want to live a healthier lifestyle naturally. Excellent how-to book.

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A Must Have For Every Family

By Deborah J. Sloan on September 23, 2011

Format: Hardcover Verified Purchase

Oh I was so excited to get this! I had heard so much about The Complete Medicinal Herbal by Penelope Ody that I had to order it for myself. This amazing book is a library in itself! Filled with beautiful color photographs of all the herbal plants and their parts so you can easily identify plants; along with the uses of each part of the plant; how to make tonics; the history of herbal medicines; making essential oils; making poultices, creams and so much more!

You'll find more than 250 remedies for common ailments; and how to make a herbal first aid kit!

This really is the bible of herbal medicine!

Once thought to be considered a sign of those who practiced witchcraft, more and more of those in the professional field of healing are turning back to once again using medicinal herbs. A skill highly regarded in the Eastern cultures, medicinal herbs have continued to grow in popularity since the 1960's here in the US.

I don't think you'll find anyone more knowledgeable in herbal medicines than Penelope Ody who has studied in China and England and practices as a professional medical herbalist in England and writes for several publications on the subject.

I highly recommend this book for your home library or preparedness library. It's a necessity for all of us who desire to be prepared for any emergency. Learn to identify the best plants and which plants to grow in your garden to have on hand for your family's specific needs. This is a treasure!

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Second purchase of this book for good reasons.

By Lindy-Lou on May 16, 2014



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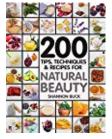
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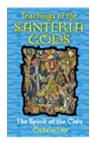
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